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OWNER'S MANUAL
916 WRIST BRACE

SKU: SUP1039



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916 WRIST BRACE



UNIVERSAL SIZING

Ambidextrous fit suits men and women of all sizes. The flexible brace naturally conforms to a variety of wrist and forearm shapes.

APPLICATION

1. Loosen the straps and open the brace by bending the inner splint outwards.

Assistance may be required



2. Insert your hand completely through the liner so that your arm's wrist joint is level with the brace's pivot joint. Re-adjust if the inner metal splints are uncomfortable on the wrist joint.
3. Tighten the strap to a comfortable compression level starting from the top to the bottom.



4. Loosen the wrist hinge by turning the dial counterclockwise.



5. Adjust the angle of the wrist as needed or as recommended by your doctor. Lock in the adjustment by turning the dial clockwise.

ADJUSTING THE STRAPS

The 916 Wrist Brace's adjustment straps can be trimmed with scissors if they are too long. Follow the instructions below for proper adjustment.

1. Remove the Y-straps.



2. Use the folding method to test the length before cutting. Mark the location you wish to cut and then fold at this point. Reattach the Y-strap to the fold to test the adjusted length before cutting.



3. Once the strap length is at the desired length, cut and reattach the Y-strap.



CARE

Hand wash the brace in warm water and mild detergent. Hang dry.

WARNINGS

- Consult your doctor before use.
- Stop use if pain occurs or worsens.
- Assistance may be required during the application of this support.
- Do not over tighten, doing so may lead to restricted blood circulation.
- If you experience any pain, swelling, sensation changes, or any unusual reaction while using this product please consult your doctor immediately.
- Do not machine wash or dry the brace.

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