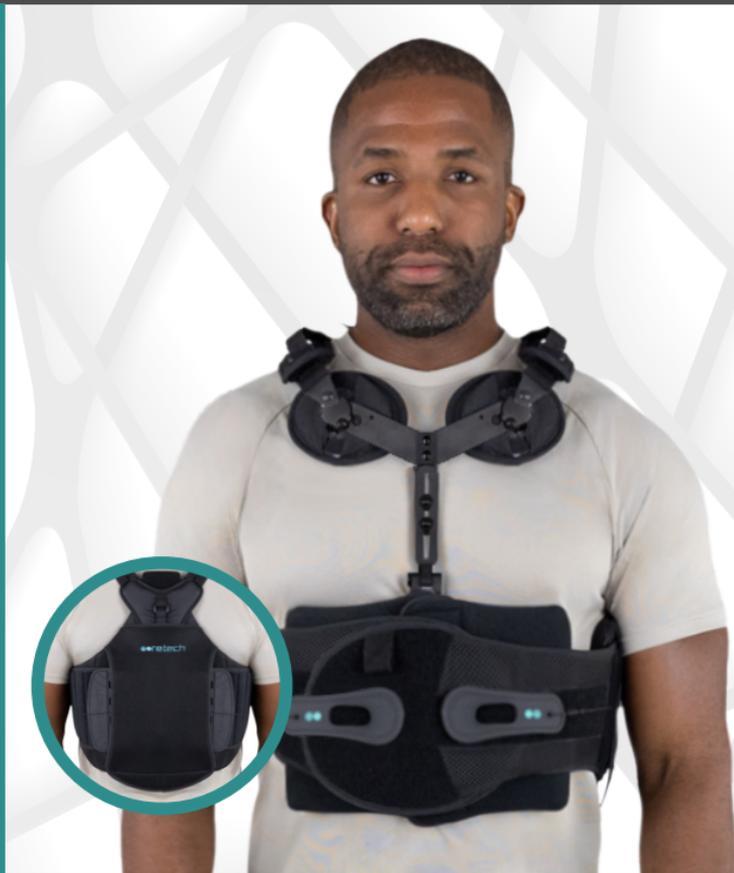


www.coretechortho.com

coretech[®]
by vive health

OWNER'S MANUAL
464 TLSO
SKU: SUP3018BLK



To see all FAQs in one place, visit, [coretechortho.link.w91](https://www.coretechortho.com/link.w91)

464 TLSO

The Coretech 464 TLSO is a versatile and effective solution for patients suffering from back pain or spinal injuries. It is designed to provide maximum support and stabilization for the thoracic, lumbar, and sacral regions of the spine. The 464 TLSO features adjustable height and width, allowing it to accommodate a wide range of body types and sizes. Its breathable and moisture-wicking materials ensure comfort even during extended wear. The modular design of the brace also allows for easy adjustments and modifications to meet the changing needs of the patient.



SIZING:

Size(s): S - 4XL (Range Below) *No Extenders Included

Small	Medium	Large	X-Large	2X-Large	3X-Large	4X-Large
25" - 32"	32" - 38"	38" - 44"	44" - 50"	50" - 56"	56" - 62"	62" - 68"

APPLICATION



For a video demonstration
check out coretechortho.link/m31

Before putting the brace on, it's important to adjust the brace to a suitable size. The upper left and upper right belts are labeled so that the user can identify the correct orientation when adjusting or putting them on. There is a size range representing waist size printed on the inside of the belt.



TO ADJUST SIZING:

1. Disconnect the fabric fasteners on each side of the belt from its tab on the back panel.

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2. Fold each side of the belt to the desired size. The fold in the strap will determine the functional length of the straps.



3. Reattach the straps to the fastener tabs on the back panel.



4. To adjust the overall length of the TSLO to accommodate the length of your spine, open the back panel and detach the hook and loop strap.



5. Slide the spinal pad in or out to adjust the height of the strap to fit. When satisfied with the fit, reattach the hook and loop strap at the back panel and close the panel.



TO ADJUST THE STERNAL SUPPORT:

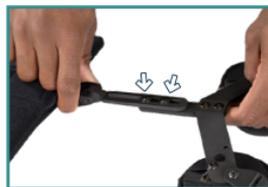
1. There are 2 locations for adjusting the height of the sternal support, a top and a bottom.



Remove the abdomen support cover to expose the bottom adjustment.



2. Loosen the screws and adjust to the required height.



The two pads of the support should reach the sternum for proper fit. Tighten the screws to secure in place.



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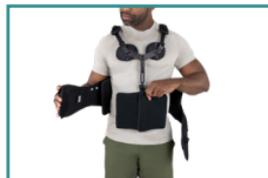
- Adjust the angle of support by loosening the 2 screws on the side of the hinge, the set angle will depend on the patient's needs.



PUTTING THE BRACE ON

****ASSISTANCE REQUIRED****

- Put the brace over your head so that your head is in between the two shoulder straps and the shoulder straps lay on your shoulders.



- Position the brace so that the back panel centers on your spine and the front panel in the middle of abdominal side.



3. Bring each thumb loop around and secure it to the front of the brace.



4. Grab the compression cords using the thumb loops and slowly pull the cords in unison away from your body until the desired amount of compression is achieved.



****Do not overtighten****

5. Adjust straps and shoulder pads to a comfortable fit.



REMOVING THE SHOULDER STRAPS

The 464 TLSO may be used without the shoulder straps if needed, to do so follow the steps below.

1. Unbuckle the straps.



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2. Flip the panel over and open the cover to expose the pulley system.



3. Unhook fastening strap.



4. Pull the spinal pad from the top and remove completely.



5. Apply the 464 TLSO as normal.



CARE

Spot clean with a damp cloth, air dry. Do NOT machine wash or dry.

WARNINGS

The product is intended for application by a licensed health care practitioner as directed by a physician or other qualified medical authority. Permanent injury may result from use other than as directed by a physician or other medical authority.

- Consult your doctor before use.
- Stop use if pain occurs or worsens.
- Assistance is required during the application of this support.
- Do not over tighten, doing so may lead to restricted blood circulation.
- If you experience any pain, swelling, sensation changes, or any unusual reaction while using this product please consult your doctor immediately.
- Do not machine wash or dry the brace.


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