

OWNER'S MANUAL  
174 CERVICAL COLLAR

SKU: SUP3038GRY



## 174 CERVICAL COLLAR

### PREPARATION



For a video demonstration  
check out [coretechortho.link/9lv](https://coretechortho.link/9lv)

### WARNING:

Proper preparation and placement will require the aid of additional help. We recommend at least 2 people.

1. With the head in neutral alignment, slowly and carefully lift the patient's head about an inch off the pillow.
2. Slide the back panel behind the patient's neck. The loop straps should be between the patient's ear and the top of the trapezius muscles.



## PLACEMENT

The front panel should be at the bottom setting (5) to begin.

1. Position the bottom part of the cervical collar at the patient's sternal notch.
2. The sides of the collar should be positioned over the trapezius muscles.



3. If the chin pad on the collar is too high or too low for the patient, remove the collar completely and use the adjustment slider to size appropriately.



## TIGHTENING THE STRAPS

1. While holding the front panel in place, attach the loop strap on each side.
2. To tighten, gently push the sides of the collar in towards the patients neck and tighten the straps. Tighten both sides to the same level, reattach the straps if needed to ensure a snug, symmetrical fit.
3. Check to ensure that the chin piece is not pressing inward on the throat. If it is, lift the back ends of the side panels up and off of the trapezius muscles then readjust.



## CARE



- Remove the fabric padding and hand wash in warm water with mild soap.
- Air dry.
- Wipe down plastic components with a damp cloth and dry immediately.

**NOTE:** Do not machine wash or dry.

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