

# QUICK LACE WRIST BRACE

SUP3105



To see all the FAQ's,  
visit [coretechortho.link/717](https://coretechortho.link/717)

coretech®

QUICK START GUIDE

## PRODUCT DESCRIPTION

A dual-function wrist brace with quick-lace compression system and removable stays for customizable support. Can be worn on either hand.

## INSTRUCTIONS FOR USE

### Initial Setup

1. **Position the Brace**
  - Slide your hand through with thumb in the designated area separated by the elastic strap.
  - Place curved metal stay along palm and forearm.
  - Brace should cover wrist joint completely.



### 2. Secure the Fit

- Pull lace closure straps for desired compression
- Wrap and fasten hook-and-loop straps
- Secure thumb strap between thumb and fingers



coretech®  
by vivehealth

Distributed by

vive  
health

8955 Fontana Del Sol Way  
Naples, FL 34109  
1-800-487-3808  
[www.vivehealth.com](http://www.vivehealth.com)

### 3. Adjust for Comfort

- Stays can be removed and bent for custom fit.
- Should feel snug but not restrictive.



### CONVERTING FOR OPPOSITE HAND

1. Open stay pockets and remove both stays.
2. Reinsert curved stay on opposite side (curve pointing up).
3. Place straight stay in remaining pocket.



### GETTING USED TO YOUR BRACE

This brace is designed to restrict movement and provide support to your wrist. Initial discomfort is normal as your body adjusts to the restricted movement. Give yourself time to adapt to wearing the brace. If you experience pain, numbness, or tingling, remove the brace and consult your healthcare provider.

### CARE INSTRUCTIONS

- Remove metal stays before cleaning.
- Hand wash in cold water with mild soap.
- Air dry flat.
- Do not machine wash or dry.

### MATERIALS

- 40% Neoprene,
- 30% Polyester,
- 10% Nylon,
- 15% Aluminum,
- 5% Foam

### WARNINGS

- Stop use if you experience:
  - Increased pain
  - Numbness or tingling
  - Skin irritation or swelling
- Do not wear while sleeping unless directed by doctor.
- Do not wear over open wounds.
- Check skin condition regularly.
- Replace if product becomes worn or damaged.

### WARRANTY

6 months warranty against defects. Contact customer service with proof of purchase.