

STABILIZING ELBOW BRACE

QUICK START GUIDE

OVERVIEW

The Vive Stabilizing Elbow Brace has a completely reversible design with a padded interior and increased airflow, so that it can comfortably fit either the right or left elbow. The fit is adjustable to fit elbows up to 20" inches in circumference, making it easily wearable for most people. Follow the instructions below for proper use.

We are constantly answering questions and recording helpful videos to make using your Vive Stabilizing Elbow Brace as easy as possible. Check out the included links and QR codes to help you through the process.



To see all FAQs in one place
visit vhealth.link/hz4

INSTRUCTIONS



To see how to properly put on your
Vive Stabilizing Elbow Brace
visit vhealth.link/uqn

1. Unfasten the straps and loosen the brace wide enough to accommodate the width of the desired arm. The straps can be fitted through the d-rings and attached to the brace to hold the desired width in place.



2. Insert your arm completely through the brace and position it comfortably so that the Vive emblem is above your elbow and the two splints are positioned on both sides of your elbow.

Note: The splints should not be positioned across the crease of your arm and/or across the point of your elbow.



3. Pull the straps through the d-rings, wrap them back around the arm, and secure them to the brace; your elbow should be immobilized. Make sure the brace is worn comfortably, the splints are in the right position and there is no blood restriction. Adjust fit if necessary.



CARE

The Vive Stabilizing Elbow Brace is made of a breathable, latex-free blend that can be hand washed in cold water and hung dry. Always remove the splints before washing. Do not bleach.

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